

beverage menu

fresh & healthy juices • 10

pure orange - 100% orange

passionfruit halo - orange, watermelon, pineapple, passionfruit

green smoothie - English spinach, pumpkin seeds, supergreens, flax seeds, mango, apple

beetroot beta-c - apple, carrot, beetroot, lemon, ginger

tumeric nourish - orange, carrot, turmeric, lemon, ginger, black pepper

tea & coffee selection • 5

extras • 1

soy, almond, oat, lactose free / extra shot

flat white

latte

macchiato - long or short

espresso - single or double

long black

mocha

hot chocolate

chai latte

English breakfast tea

early grey

camomile

lemon & ginger

peppermint

green tea

darjeeling

soft drinks • 5

coke

pepsi max

lemonade

dry ginger ale

solo

1lt still & sparkling water • 11

sunrise specials

sparkling rose • 14

howard park jete brut ~ Margaret River, Western Australia

mimosa • 14

heretat de lacrimae baccus brut & orange juice

bloody mary • 22

vodka, tomato juice, lemon juice, black pepper, Worcestershire sauce, olive brine, celery, salt

lyres bloody mary • 16

lyres agave blanco, tomato juice, black pepper, Worcestershire sauce, olive brine, celery, salt

à la carte breakfast

available daily from 6:30am – 11:00am

toasted bread - **8**

your choice of Turkish, sourdough, multigrain, wholemeal, white or gluten free bread served with butter or dairy-free margarine and your choice of spread honey, peanut butter, vegemite, nutella, strawberry jam, raspberry jam, or blackberry jam

fruit & nut granola (veg) - **16**

coconut yoghurt, honey, berry compote, banana, kiwi

fresh seasonal sliced fruit and berries (veg) - **16**

fresh lime

pancakes (v) - **21**

berry compote, fresh berries, maple syrup, dollop cream

vegan nourish (veg) - **24**

sweetcorn and potato rosti, baked field mushrooms, baby spinach, roasted cherry tomatoes

avocado on sourdough (v) - **21**

feta, herbs, chilli jam, lemon

two free-range eggs (v) - **15**

fried, poached or scrambled eggs served on buttered sourdough toast

InterContinental breakfast (p) - **29**

eggs cooked to your liking, smoked bacon, sausage, mushroom, tomato, hashbrown, sourdough toast

eggs benedict (p) - **22**

two soft poached eggs, toasted English muffin, ham, hollandaise sauce

eggs florentine (v) - **21**

two soft poached eggs, toasted English muffin, baby spinach, hollandaise sauce

eggs royale (s) - **25**

two soft poached eggs, toasted English muffin, smoked salmon, hollandaise sauce

extras - **6**

- half avocado
- mushrooms
- tomatoes
- bacon
- hash brown
- egg